

## OUTLINE short notes of Bro Teoh's WPCS Sunday class dated 26<sup>th</sup> August 2018

Audio : <http://broteoh.com/wp-content/uploads/2018/08/83-6th-Patriarch-26-August-2018.mp3>

Whiteboard : <http://broteoh.com/wp-content/uploads/2018/08/83-6th-Patriarch-26-Aug-2018.jpg>

### The 6th Patriarch's Dharma Jewel Platform Sutra lesson 83

#### CHAPTER X, Final Instructions (Page 414 – 419)

1. Immediately after the Puja chanting Brother Teoh commenced the dharma sharing by **asking us** what ***we think of the statement: 'I seek Enlightenment'*** as stated in the text. He hinted that this statement is not correct and why is it not correct? Because of the 'I' which is the **ego or self (atta)** and 'Seeking' which is a **craving**. Whenever there is an 'ego' and a 'seeking' there can be **no** Enlightenment because ***Enlightenment can only be realized*** when there is **no** 'I' (or 'becoming') and **no** 'craving' (or 'seeking')!
2. In the same manner J Krishnamurti also asked, ***'what happens if The Seeker is the Seek?'*** Living being's **ignorant** leads them to seek for enlightenment **outside** of themselves, **not knowing** that the enlightenment that 'one' seek is **within one's nature** - which is the **unconditioned**.
3. Bro. Teoh further explained that 'VI' means - the **3 Universal characteristics of nature** and 'PASSANA' means ***'To INSIGHT into.'*** Hence Vipassana is **an insight** or a **realization borne of wisdom** (an **awakening**) hence it **cannot** be **practiced**. For it is **an understanding** and **not** a **knowledge** or a **skill** where you **need to learn** and **practice** to acquire it. Enlightenment is a **realization, an awakening** which is **not rigid** (*unlike knowledge*).
4. The Commentary's 'DEVIANT VIEWS, means **wrong views** and the 3 POISONS means the **3 evil roots of GREED, HATRED AND DELUSION**.
5. Deviant views or confusion is the **result of ignorance** which creates **love** and **desire** (or **craving**) leading to **suffering** borne of *attachment, clinging and grasping*. To **reverse it** one need to have **right views leading to right thoughts, right speeches and right actions as per the N8FP teaching**.
6. Bro Teoh explained the **commentary's terms** of the *Reward body, the Transformation body* and the *Dharma body* in equivalent **Theravada terms** as below:
  - Reward Body – is the **Nirmana kaya** or Functional Body (which is the 5 aggregates of Form and Mind);
  - Transformation Body – is the **Sambogaya kaya** or Perfection Body or Spiritual Nature;
  - Dharma-body – is the **Dharma Kaya**.

For us the **Nirmana kaya** is our **karmically conditioned 5 aggregates of form and mind termed the functional body** that perform the **function** of a **human being** for **our** this **segment's life**. Then the

**Sambogaya kaya** is our **spiritual body or nature** that we can **only inherit after we had connected** via meditation to our **true mind to realize** our **true nature**. When this happened then the **combination** of the **Nirmanaya kaya** of the Buddha and his **Sambogaya kaya** will transform it into the **Dharma kaya** that enable the **Buddha** to **speaks and teach** the **dharma**. **Not every living being** has the **Sambogaya kaya (spiritual nature)** and **not everybody** can **connect** to their **true nature**, unless they are **true cultivators** of the **way**. Once the **true cultivator** of the way **has connected** to their **true nature** he too **can inherit** his *Spiritual Nature* then their form and mind will also transform to enable them **to share their dharma understanding according** to their nature's **ability**. WISDOM is unending.

7. Bro. Teoh once again shared with us how from the **Source, living beings evolved** in stages into the **PURE AWARENESS** (or True mind) stage, the **MUNDANCE MIND** (5 aggregates of Form and mind) stage and then finally into the **Phenomena world of consciousness** stage. **Meditation is to reverse all these via understanding**. That is to *reverse or return the phenomena world of consciousness back to the mundane mind then mundane mind to the True Mind. Then finally when the mundane mind realizes itself and cease leading to the realization of the unconditioned or Nirvana (Source).*
8. The **mundane mind is impermanent and dependent originating** hence **empty and unreal**. **Not you and not what you think; anatta** (or non-self) – **not a permanent unchanging entity** hence **empty nature** of existence and it *brings about suffering when one deludedly clings and grasps via ignorant.*
9. To **relax and silent** our **Mundane Mind** to *realize the True Mind*. Once our True Mind is awakened wisdom will keep arising.
10. **Dharma sharing of experiences** by Kalyanamittas on their recent 9 Days 8 Nights **Spiritual trip** to Shangri La, Dugu Lake, Lijiang, Dali and Kunming (Yunan province) were discussed:

The **above dharma sharing** by *many of the Kalayamittas* were **very good**, rather **insightful, beneficial and beautiful**. To develop the **full understanding** and **benefits** please **do listen to the sharing via the below audio links**:

<http://broteoh.com/wp-content/uploads/2018/08/83-6th-Patriarch-26-August-2018.mp3>

(Above draft outline short notes is by Sister Quinni)



