Brother Teoh's 4 September 2018 Tuesday Class outline Short Notes

Audio : <u>http://broteoh.com/wp-content/uploads/Teoh-Tue-180904.mp3</u>

Whiteboard : http://broteoh.com/wp-content/uploads/2018/09/Teoh-Tue-180904.jpg

Reference Book: The Buddha and His Teachings - What is Karma? (Chapter 19, Page 354)

- 1. The **doer** of the deed is important: **Volition/Mental intention** of the doer give rise to karma. **"Thought**" is *neither good nor evil,* it **depends** on the **user**:
 - a. If the **user** of thought is **without** *wisdom*, it will give rise to **heedless thinking** or **wrong thoughts** conditioned by the **3 evil roots** of Greed, Hatred, and Fear/Delusion, leading to unwholesomeness of karma and suffering all around.
 - b. If the **user** of thought is **wise** and **heedful**, then **right view** will be there to condition the **right** thoughts **leading** to **wholesomeness** of action, speech, and livelihood, which can then bring about **goodness**, **kindness**, **gentleness** and **blessing** all around.
- 2. Past karmic *conditioning* give rise to present *karmic conditions* which then becomes the present karmic Causes with Karmic potential for possible future karmic conditions and fruition.
 - a. Karma is such only **if there** is **condition for it to arise**, then fruition can take place.
 - b. Karmic fruition **may not be immediate** because it **depends** on which **determining thought moment** it occur. There are **7 determining thought moments** to decide the nature of Karma.
 - c. If it occur in the **1**st **thought moment** then if there is **no condition** for **its fruition** in *this present life* then the *karmic potential will cease* to be *after that life*.
 - d. If it occur on the **7th thought moment** then if there is **no condition** for its fruition in the **present life** and the **next life** then the *karmic potential will cease to be after that.*
 - e. If it occur between the **2nd and the 6th** *determining thought moments* then its karmic potential is forever present.
- 3. Karma is neither fatalistic nor predestination for:
 - a. "The past condition us, but it does not dominate over us."
 - b. Bro Teoh shares some examples and related life experiences to further illustrate this point.
- 4. Karma is **not stored** somewhere but there is a **karmic nature** that exist in nature for every living being.
 - a. Every segmented life of ours, although different (and all not 'you') but they are all connected and belong to your one (1) karmic nature. Hence the consciousness of all your segmented lives belong to your same karmic nature. So there is no such thing as I do evil this life but another being takes the suffering in another future life.
 - b. Because of your **segmented lives**, the universe is the way it is and vice versa it is because of the way this universe is you are what you are, hence "**One is All, and All is One**" for they are all dependent originating according to natures prior conditions.
- 5. Sis Chwee's question on whether karma is stored is a special kind of memory, drawing relation from the understanding that "**Thought is response to memory.**" Brother Teoh explained to her as per item 4 a. above.

- 6. Living beings doesn't need any ideology/religion or a belief system (rites and rituals) to teach or guide one on how to live life. That's the reason why the Buddha don't teach them but instead the Buddha teaches the Dharma or Truth and Dharma or Truth is "whatever that can explain the way things are."
 - a. So what is needed is only the understanding of Dharma or Truth and not ideology.
 - b. All of life within this conditioned world are subject to its **sets of nature's laws** (the panca niyama) as taught by the Buddha. Hence, **nature's laws** (that *operates naturally* **without** the need of a **Creator** or an all **mighty God**) are nature's Truths that one need to understand.
- 7. Law of karma is **most powerful**, so be **careful** (always **heedful**) **of karma** for '*you reap what you sow, do good begets good and do evil begets evil*':
 - a. So if you plant the **seed** of wholesomeness, you will **reap** the **fruit** of wholesomeness accordingly and if you plant the **seed of evil**, you will **reap the fruit of evil** accordingly too.
 - b. For "We are all born of our karma, heir to our karma, condition and supported by our karma and we are what we are because of our karma."
- 8. Law of mind (citta niyama) explains how one's mind function or operate as a human being following the 12 links or Paticca Samuppada.
- 9. Law of Truth (Dhamma niyama) explains the **4 Noble Truths** (the **essence** of the Buddha's teaching) and the other truth or essence dhamma as taught by the Buddha and they are all spin off from the 4 Noble Truths.

(Above outline short notes draft was prepared by Sis. Soo Yee)