

Brother Teoh's Aug 20th 2019 Tuesday Class Short Notes

Book Review: The BUDDHA & his TEACHINGS

Chapter 38/39: **STATE OF ARAHANT** Page 551

Audio : <https://broteoh.com/wp-content/uploads/Teoh-Tue-190820.mp3>

1. An ARAHANT continues to live until his Kammic Force in that life is spent. He doesn't create any fresh **negative** Kamma and is no longer deluded. He has rooted out ignorant. When he passes away, his life force and consciousness **become extinguished**, like the path of Birds in the air...cannot be traced. He is neither Reborn (as all Passions that condition Rebirth are eradicated) nor NOT Reborn because there is **nobody** inside there. It is just a phenomenon which is dependent originating, like a flame being extinguished when conditions cease to be.
2. A **living Arahant is Non-grasping** with **Wisdom connected** to his Form and Mind. He uses the Five Aggregates of form and mind **to cultivate**, to **gain wisdom** and to **realise the truth**. He exists in a perfectly peaceful and Happy State. He is calm in Mind and lives the **noble life** with appropriate right Speeches and Actions.
3. **Beyond** the Arahant stage, the **advance cultivators** (especially Bodhisattvas) will cultivate until they realize their **true nature** and finally locate the **gateway** to their nature to **continue** their cultivation of the **Bodhisattva way**. Their **wisdom** then **transform** until their **wisdom consciousness's vibration** becomes **very fine**. This **Fine vibrations** he experiences will **cause his mundane mind** (which is too gross) to **collapse**. Without the mundane mind inside, he is **not obscured** by anything. His **True mind** from **his true nature then shines forth** to see things as they are clearly. Words cannot describe this state.

(Above draft outline short notes was prepared by Sister Yoon Chun)