

Brother Teoh's March 5 2019 Tuesday Class outline Short Notes

Audio : <https://broteoh.com/wp-content/uploads/Teoh-Tue-190305.mp3>

Paticca Samuppada Video : <https://youtu.be/j4vs-1USjsw>

Book Reference: The Buddha and His Teachings – PATICCA SAMUPPADA (Chapter 25, Page 429 - 431)

1. Bro Teoh summarised the **Arising Cycle** of the **Dependent Origination (12 links) teaching**, followed by the **Cessation Cycle** where he linked it to the **end of all Suffering** leading to the **enlightenment**. At the link of **Cessation of Form and Mind** (Nama-Rupa), one realises Nibbana. Bro Teoh **explained the processes leading to this cessation (enlightenment)** very clearly then he also **gave a very detail explanation of this 12 links teaching** again **so that it can be video and download for viewing** to help you develop the **clear understanding**. The video will be out soon **so do view the video to develop a clear understanding of this 12 links teaching**. This is a **complete revision** by Bro Teoh on this 12 links teaching.
2. Sis Tammy enquired about the condition of a Bodhisattva who **has not** realized arahantship taking rebirth. Bro Teoh explained that a Bodhisattva is **by definition** an enlightened being with no avijja. But there are cases where **sincere cultivators** (with **great faith** and **having good teachers and guides**), who have **yet to realize** arahantship **may decide to take the Bodhisattva vows** to go **this way**. Initially such Bodhisattvas are reborn as living/human being with avijja like normal unenlightened beings. Bro Teoh explained very clearly how **such Bodhisattvas** can have the clear **advantages** of having **prior understanding** of the Bodhisattva way before they realize arahantship because of their vows taken earlier. Bro Teoh also explained very clearly how the enlightened Bodhisattva take rebirth without ignorant (avijja). Please view the video and listen to the audio recording for full details.
3. Bro Teoh emphasized on the importance of having the right view with regards to the law of karma to **avoid ALL evil** by keeping the **5 precepts** with a **very stable daily mindfulness** closely. This Right View will lead one to cultivate the Right Thoughts, speeches and action. Similarly with **right views** with regards to law of mind (citta niyama) and law of dhamma (dhamma niyama) leading to the right cultivation.
4. Sis Yoon Chun shared the difficulty in avoiding ALL EVIL. She sighted a person who was embarrassed by her boss for shouting at her, in front of her other colleagues. Angry wrong and unwholesome thoughts kept arising whenever she thought of the incident. Bro Teoh rejoice with her rather good example because it can help **explained very clearly** how the **mind function** as per the **12 links or dependent origination teaching**. The content of consciousness input at the 4th link are **always negative** because of the ignorant leading to **stress** and **suffering** caused by the grasping mind (Sankhara sanna) **concocting** or 'cooking'. So evil kept appearing in her thoughts and overflowed into her speeches although she tried to abandon them due to her **lack of understanding** of the **dhamma**. Bro Teoh also gave some very good examples to illustrate the workings of the 12 links teaching. Please do listen to the audio recording for full details.

(About draft is by Sister Yoon Chun)