

陪你到天涯

pei ni dao tian ya

Accompany You to the
End of the World



Our Teacher

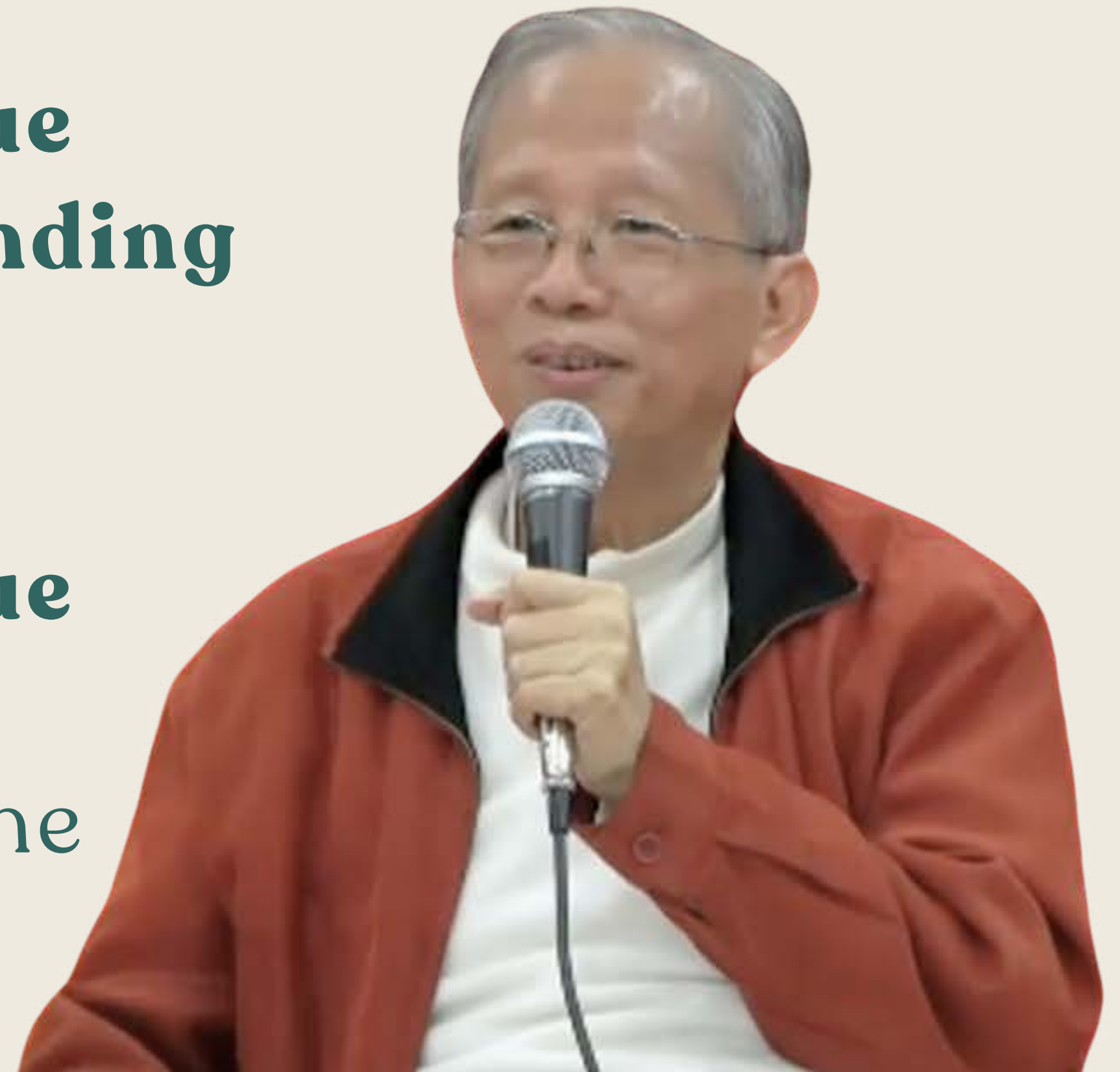
Bro Teoh Kian Koon



My this Life's mission

Share my nature's **Unique
True Dharma understanding**
with the world

Share my nature's **Unique
cultivation of the
Bodhisattva way** with the
world.



Received a special request from
Maitreya Bodhisattva in the year
2008

Please help transmit the True
Dharma' (请你把正法传下去)



To Progress in your Cultivation
you need to

Be Sincere,

Have Faith

Persevere with Strong Resolve



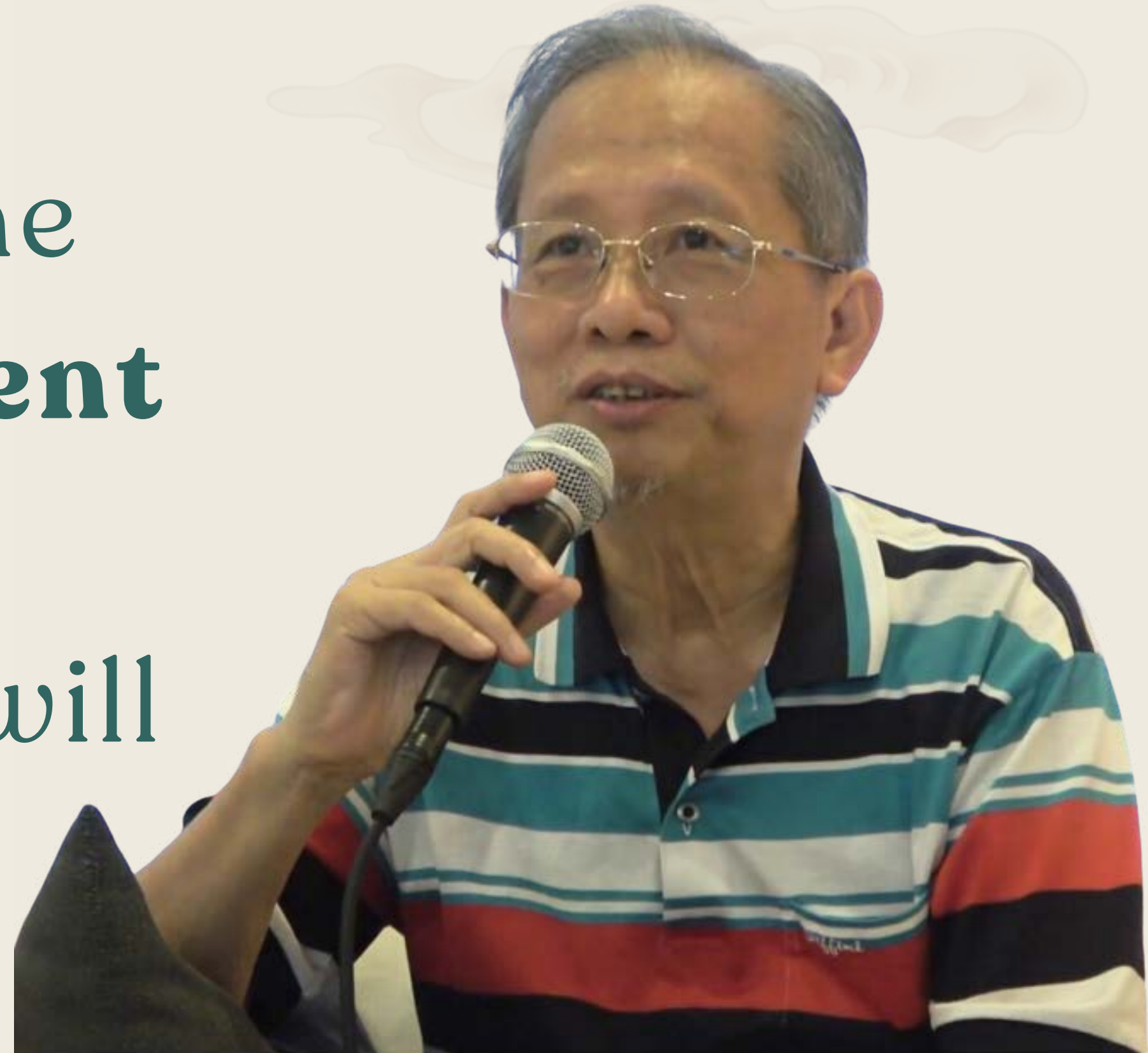
How to Resolve a Life Problem caused by Past Negative Karma

- 1) **Seek forgiveness and repentance** to overcome karmic obstructions
- 2) **Make vows** to avoid all evil via keeping precepts, cultivate wholesomeness, virtues and purify your mind.
- 3) **Invoke the power of merits** for causes & conditions to turnaround.



Acceptance with Wisdom

If one can **accept** the **reality** of the **moment** with **wisdom** and **move on**, then one will **not** suffer.



Without the **silent mind**
to **observe** and **awaken**,
you can't learn the **True**
Dharma (心为根本)



To realize our Self-nature

Silent, relax, aware & let it
return to its **original state**,
you will **realize** your **True**
mind and **Self-nature**.



从前你和我，

cong qian ni he wo,

Once you and I,



无忧无虑游人间；

wu you wu lu you ren jian;

carefree, roamed
the mortal realm;



师徒两心坚，

shi tu liang xin jian,

Master and disciple,
steadfast hearts,



同历沧桑多少遍；

tong li cang sang duo shao pian;

weathered countless
trials together;



梦里亦思忆，

Meng li yi si yi,

Even in dreams,
thoughts lingered,



发愿牵手走天边；

fa yuan qian shou zou tian bian;

vowing to walk
hand in hand to the
ends of the earth;



恩怨都忘了，

en yuan dou wang liao,

Forget all
grievances,




冤亲平等笑相见；

yuan qin ping deng xiao xiang jian;

meet with smiles,
treating enmity and
kinship equally;




A decorative illustration featuring a large, vibrant pink flower with a yellow center on the left side, surrounded by lush green leaves. On the right side, there are several green leaves and a cluster of small, red, unopened flower buds. The background is a solid light beige color.

花落又花开，

hua luo you hua kai,

Flowers fall and
bloom again,

A decorative border featuring stylized green leaves and pink flowers. On the left, a large pink flower is in full bloom. On the right, there are several pink flower buds. The leaves are a vibrant green with visible veins.

草舍相伴两开怀；

cao she xiang ban liang kai huai;

the grassy cottage
witnesses shared
joy;



问君可知否，

wen jun ke zhi fou,

Do you know,





今天眼前我重来；

jīng tiān yǎn qián wǒ cóng lái,

today I start anew
before your eyes;

因缘早安排，

ying yuan cao an pai,

Fate arranged
early on,



你我相遇在人海；

ni wo xiang yu zai ren hai;

you and I encounter
each other in this
sea of people;



三千苦世界，

san qian ku shi jie,

In this world of
myriad sufferings,



佛前大愿莫沉埋；

fo qian da yuan mo chen mai;

don't bury our
grand vows before
the Buddha;



我们树连根，

wo men shu lian gen,

With roots
intertwined,



几多风雨一条心；

ji duo feng yu yi tiao xin;

we weather many
storms with one
heart;



旅泊在红尘，

lǚ bo zai hong cheng,

Sojourning in the
mortal realm,



共渡苍生不怕困；

gong du cang sheng bu pa kun;

facing life together
without fear;



天涯几颗星，

tian ya ji ke xing,

Countless stars at
the ends of the
earth,



有你有我在里面；

you ni you wo zai li mian;

with you and me
among them;



闪闪亮光明，

shan shan liang guang ming,

Glimmering bright,



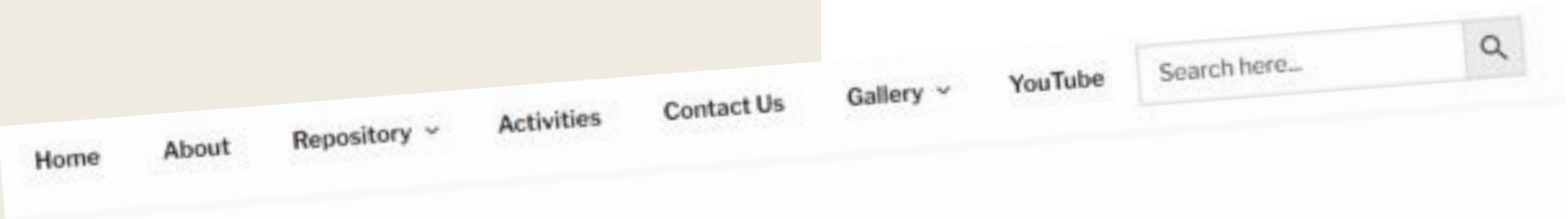
生生不退菩提心。
sheng sheng bu tui pu ti xin.

the Bodhi mind
endures eternally.



Bro Teoh's Kalyanamittas Website

Publications



RECORDINGS OF CLASSES

Thursday Class
Sunday Class WPCS

Lotus Flower Sutra

Reference book :

The Wonderful Dharma Lotus Flower Sutra commentary by Master Hsuan Hua 《大乘妙法蓮華經淺釋 – 宣化老和尚講述》 版本2

Lotus Sutra (104) 231205

End : http://www.cttbusa.org/dfs2/dfs2_10.asp.html

Sharing by: Bro Song

Lotus Sutra 104

Lotus Sutra (103) 231128

End : http://www.cttbusa.org/dfs2/dfs2_10.asp.html

Sharing by: Sis Huol Rung

Lotus Sutra 103

Lotus Sutra (102) 231121

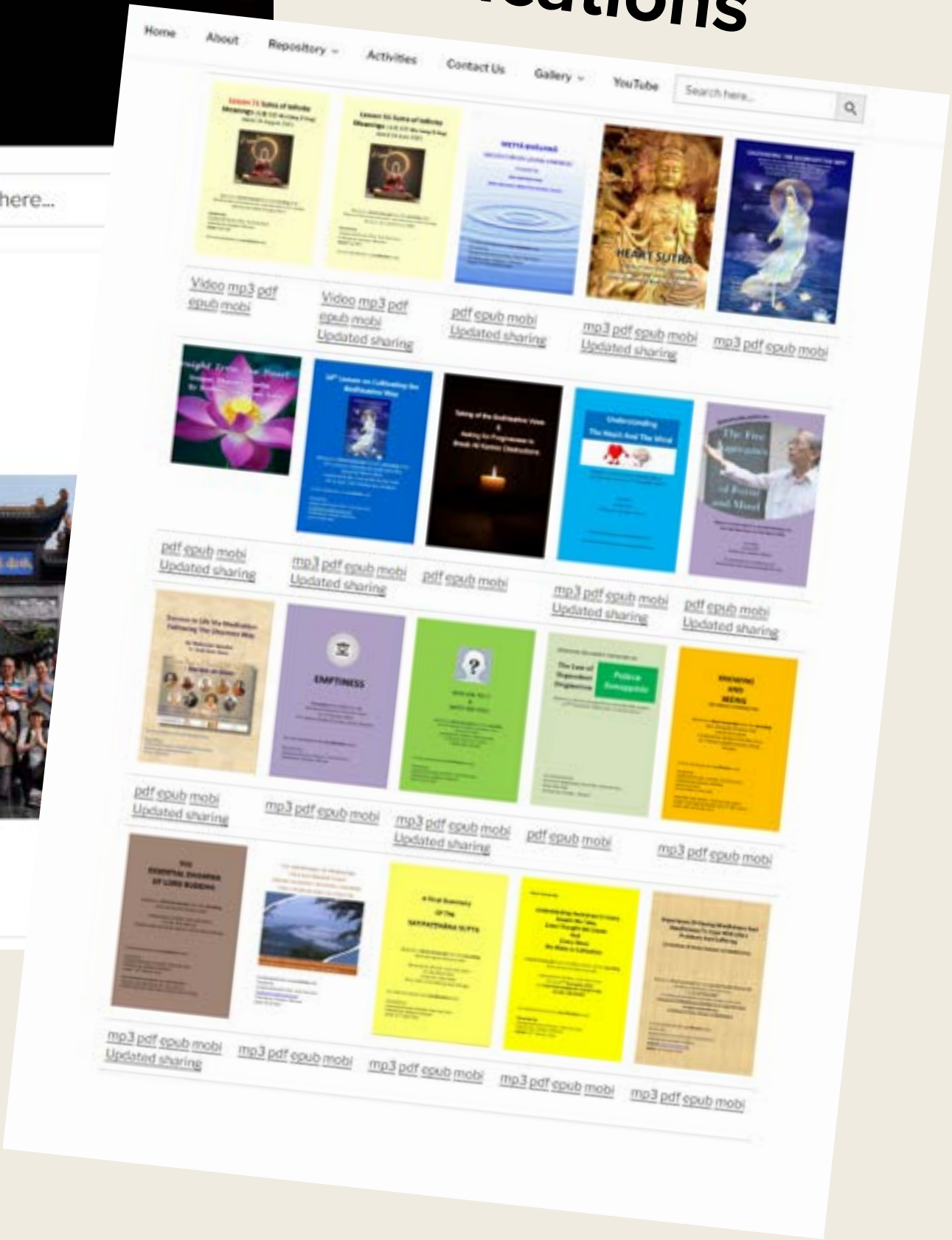
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Lotus Sutra 104

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Lotus Sutra 103 (妙法蓮華經 103)

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21:47

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Awareness and Consciousness (3)

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4:23

起心动念 The Arising of Mind Creates Mundane Thinking or Sankhara Activities

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Understanding how Theravada and Mahayana teachings complement each...

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Why is Mahayana hard to grasp? Understanding the pros and cons of...

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Lotus Sutra 103 (妙法蓮華經 103)

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Awareness and Consciousness (2)

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Awareness and Consciousness (2)

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Why is relaxation so important in spiritual cultivation and for the maintenance of goo...

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Path to Nibbana: Awakening through Cessation of Form & Mind

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Unique Dharma Quotes no 98 - 100

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Important note to meditators

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Lotus Sutra 102

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Lotus Sutra 102 (妙法蓮華經 102)

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3 POISONS

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3 poisons of Greed, Hatred and Delusion

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A DEEPER UNDERSTANDING OF

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A deeper understanding of why it's essential to cultivate awareness-based meditation

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Kuan Yin Manifestation

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Kuan Yin Manifestation

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OUR GREATEST ILLUSION

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Our greatest illusion is believing that our life and our 5 aggregates of form and mind are...

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UNIQUE DHARMA QUOTES #97

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Unique Dharma Quotes no 97

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BODHISATTVA CAN CHOOSE

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Bodhisattva can choose their way to come into the world

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India	25 0.5%	0.8 0.1%	1:54
Australia	12 0.2%	2.1 0.3%	10:25
Vietnam	10 0.2%	0.2 0.0%	1:04

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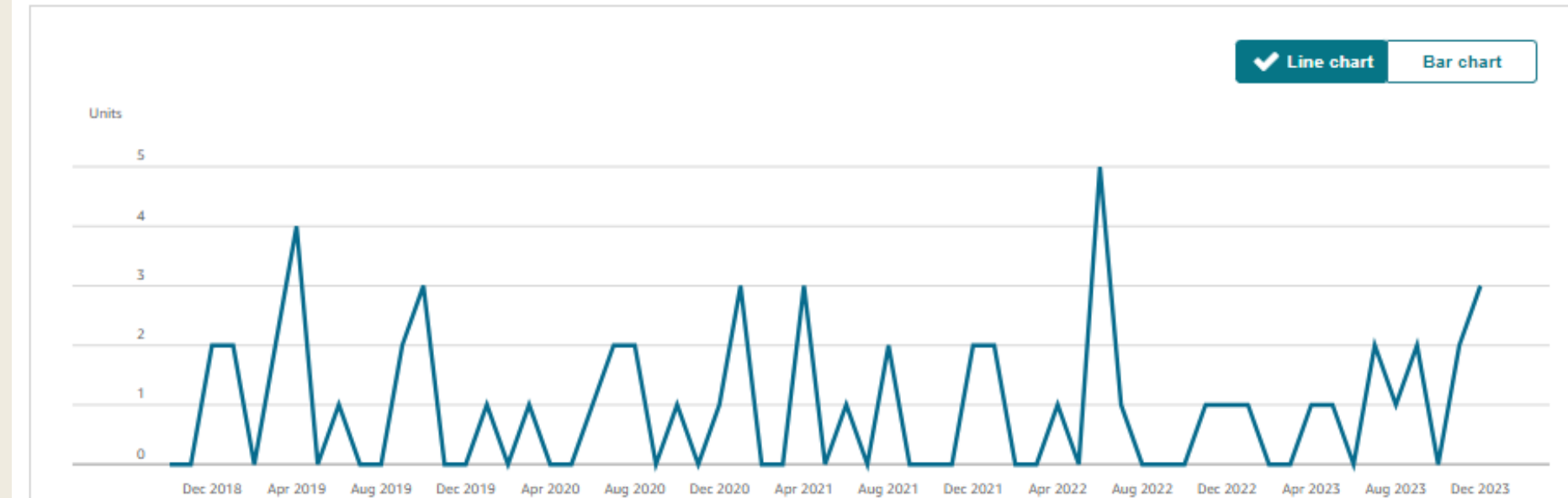
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>  Heart Sutra	15	0	15
>  The Five Aggregates of Form and Mind	12	0	12
>  Knowing and Seeing (with reference to Sabbāsava Sutta)	6	0	6
>  Cultivating the Bodhisattva Way	2	0	2
>  Heart Sutra Short Notes (2nd Edition)			
>  Straight from the Heart, Understanding the Heart Sutra by Brother Teoh Kian Koon			
>  The Essential Dhamma of Lao Tzu			
>  Understanding the Heart Sutra			
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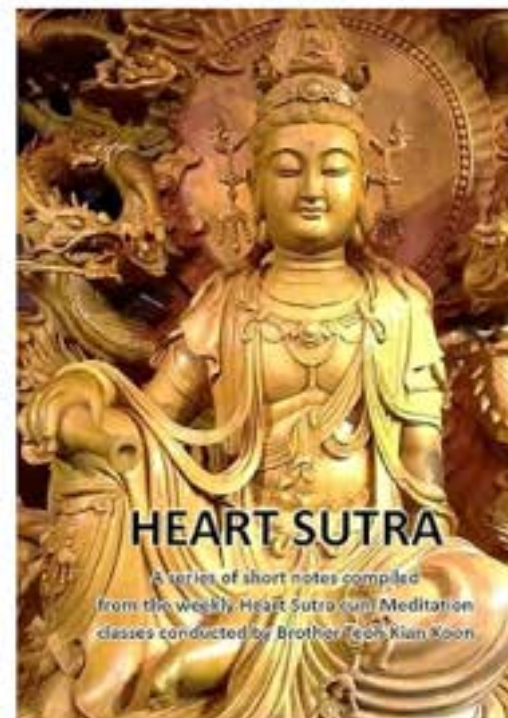
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Brother Teoh Kian Koon has compiled this Heart Sutra book (aphorisms) to share the essence of the Buddha's teaching by linking and explaining all the essential dhamma as taught by the Buddha into one complete teaching. These Heart Sutra short

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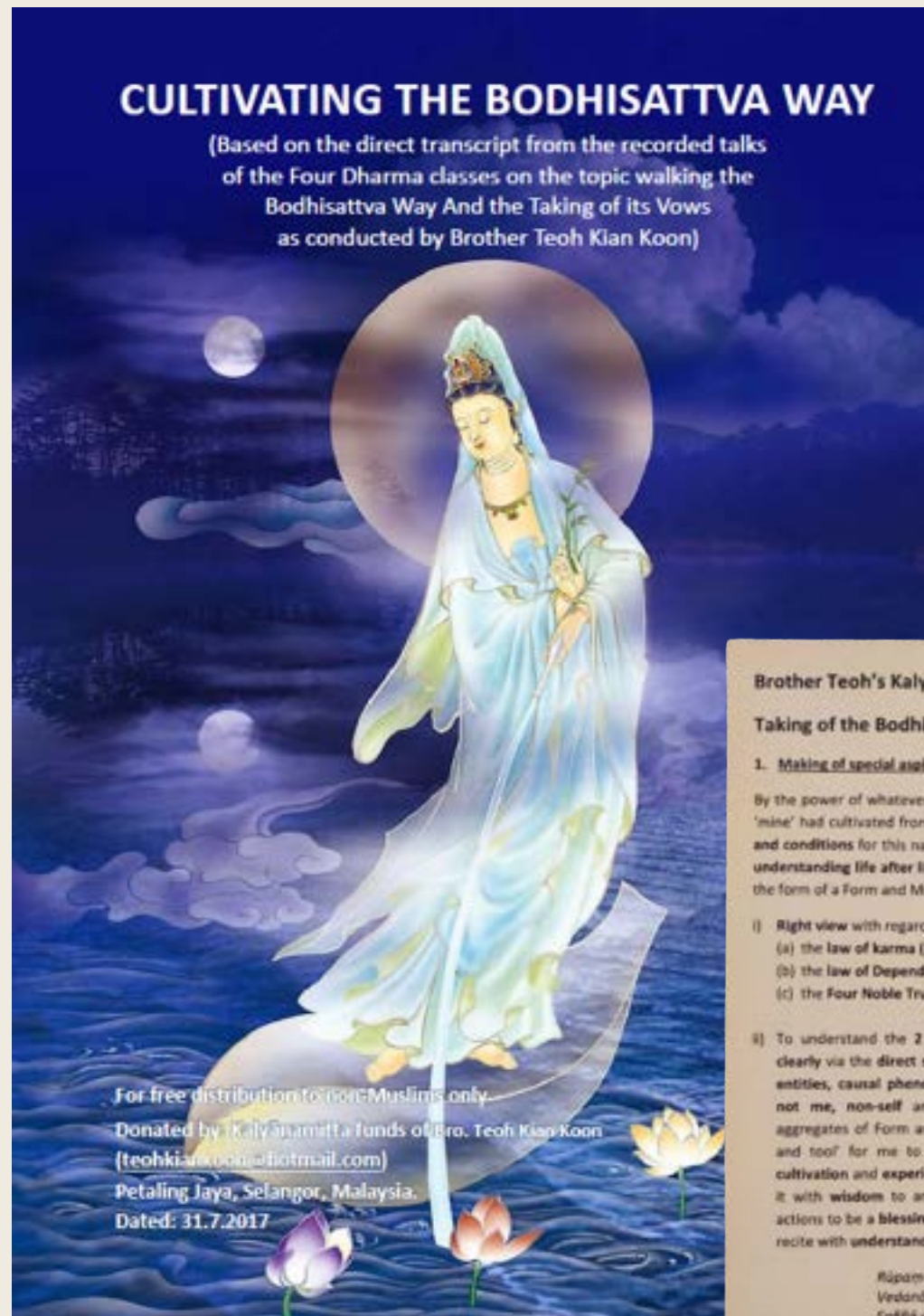
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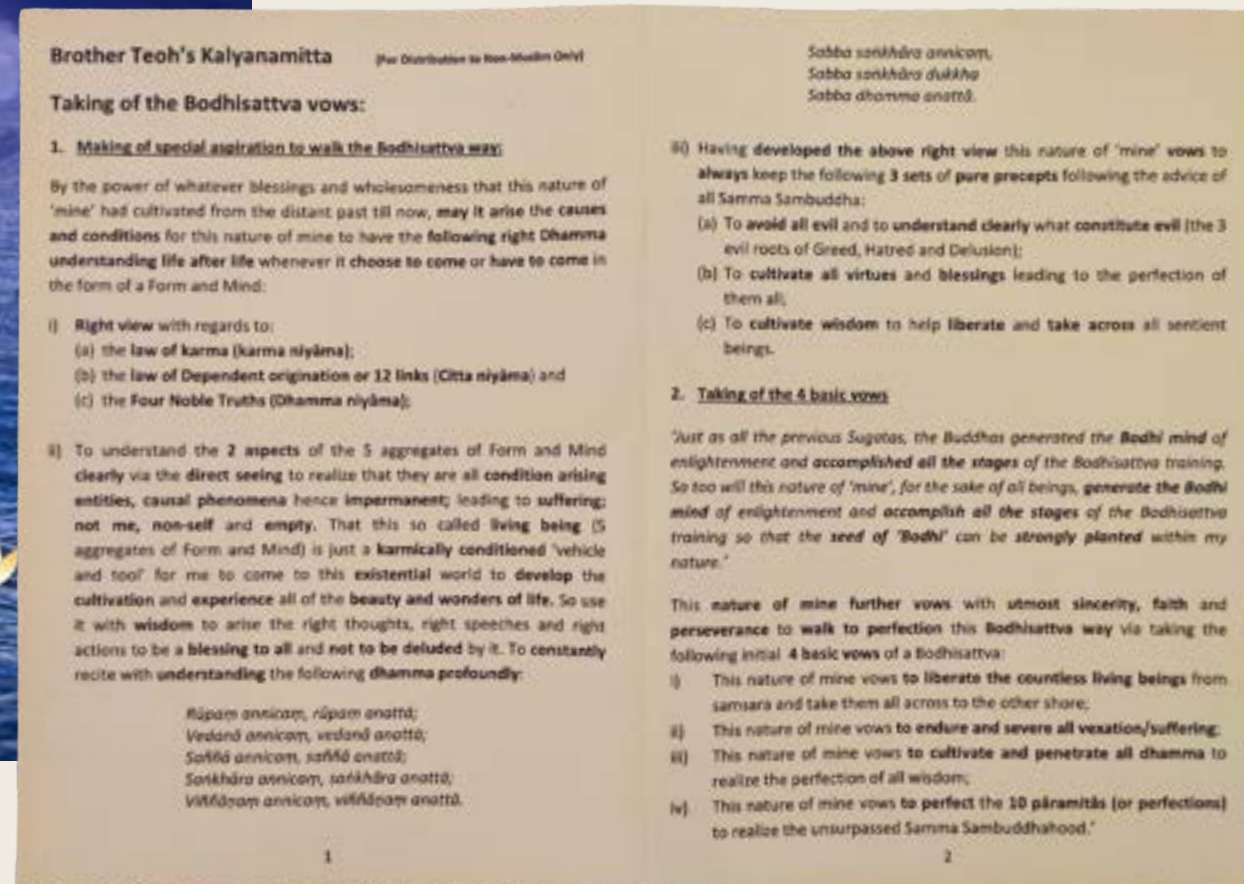
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Bodhisattva Vows



Bodhisattva Vows must be taken by **Planting the Bodhi Seed** to walk the Bodhisattva way **life after life** with **Great Faith, Sincerity & Understanding.**

Having this Bodhi mind to walk this path is **Great Blessings, for you have nothing to lose but everything to gain.**



Meditation supports

The **4 supports** for **awareness-based meditation** are:

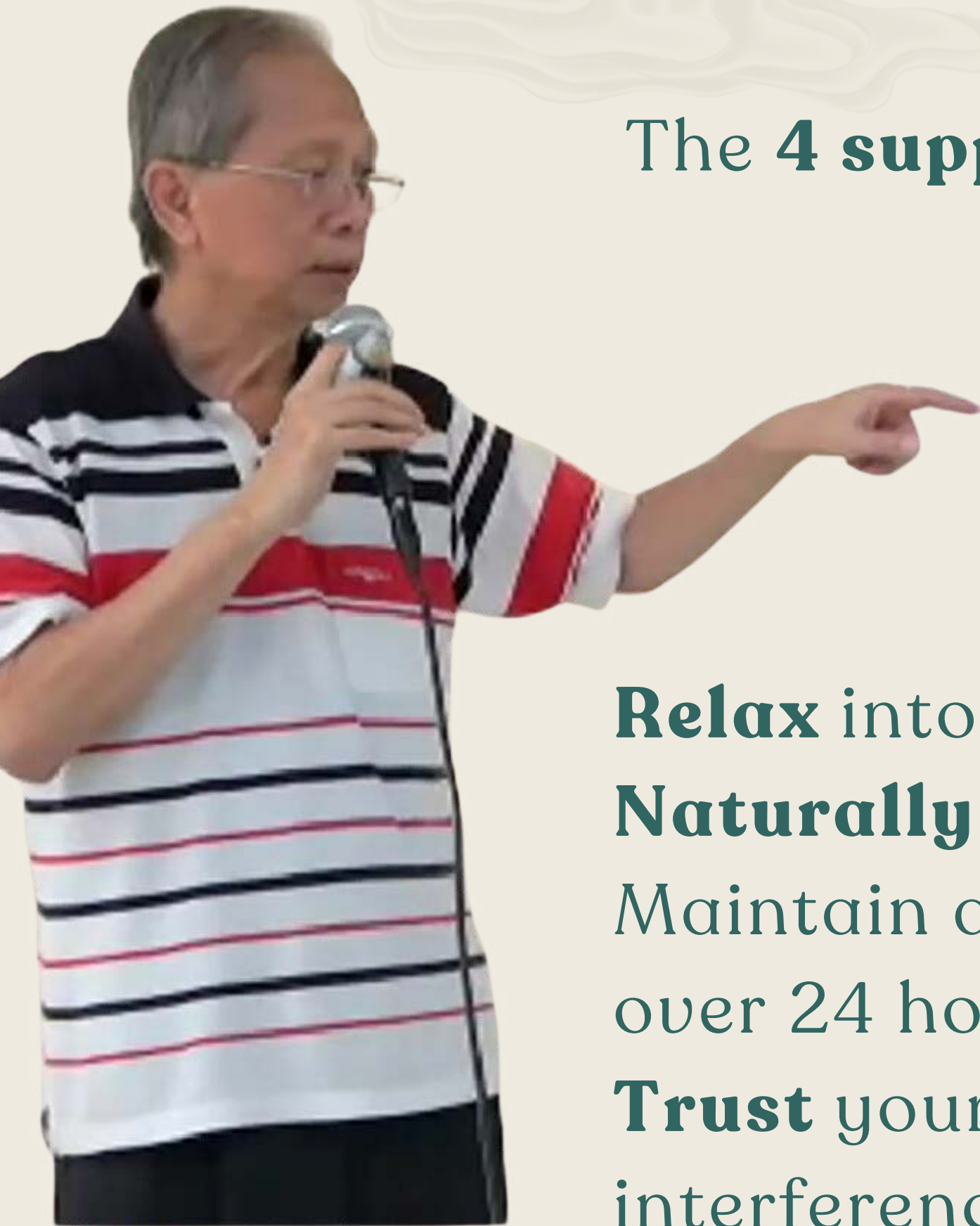
- i) **Relax,**
- ii) **Aware,**
- iii) **24 hours**
- iv) **Trust.**

Relax into every mind state that arises.

Naturally Aware (without thought).

Maintain awareness for as long as you can (if possible, over 24 hours).

Trust your **inner nature** to **meditate** (without the interference of thought).




A detailed illustration of a pink flower with a yellow center, surrounded by large green leaves, positioned on the left side of the image.

花落又花开，

hua luo you hua kai,

Flowers fall and
bloom again,

A detailed illustration of pink flower buds and green leaves, positioned on the right side of the image.



草舍相伴两开怀；

cao she xiang ban liang kai huai;

the grassy cottage
witnesses shared
joy;





问君可知否，

wen jun ke zhi fou,

Do you know,



A decorative illustration featuring large, dark green leaves and a pink flower with a yellow center on the left side, and a branch with green leaves and red buds on the right side. The background is a light cream color.

今天眼前我重来；

jing tian yan qian wo cong lai,

today I start anew
before your eyes;

因缘早安排，

ying yuan cao an pai,

Fate arranged
early on,



你我相遇在人海；

ni wo xiang yu zai ren hai;

you and I encounter
each other in this
sea of people;



三千苦世界，

san qian ku shi jie,

In this world of
myriad sufferings,



佛前大愿莫沉埋；

fo qian da yuan mo chen mai;

don't bury our
grand vows before
the Buddha;



我们树连根，

wo men shu lian gen,

With roots
intertwined,



几多风雨一条心；

ji duo feng yu yi tiao xin;

we weather many
storms with one
heart;



旅泊在红尘，

lǚ bo zai hong cheng,

Sojourning in the
mortal realm,



共渡苍生不怕困；

gong du cang sheng bu pa kun;

facing life together
without fear;



天涯几颗星，

tian ya ji ke xing,

Countless stars at
the ends of the
earth,



有你有我在里面；

you ni you wo zai li mian;

with you and me
among them;



闪闪亮光明，

shan shan liang guang ming,

Glimmering bright,



生生不退菩提心。
sheng sheng bu tui pu ti xin.

the Bodhi mind
endures eternally.



The Real SAMĀDHI



Ability to have the
meditative silent mind
while in the **midst of life**
is REAL SAMĀDHI

Bro Teoh's Birthday & Kalyanamitta Annual Gathering 2019



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