哈你到天涯

pei ni dao tian ya

Follow You to Roam the Universe



Our Teacher

Bro Teoh Kian Koon



My this Life's mission

Share my nature's **Unique True Dharma understanding**with the world.

Share my nature's Unique cultivation of the Bodhisattva way with the world.



'Please help transmit the True Dharma'(请你把正法传下去) To Progress in your Cultivation you need to

Be Sincere,

Have Faith

Persevere with Strong Resolve



How to Resolve a Life Problem caused by Past Negative Karma

1) Seek forgiveness and repentance to overcome karmic obstructions

2) Make vows to avoid all evil via keeping precepts, cultivate wholesomeness, virtues and purify your mind.

3) Invoke the power of merits for causes & conditions to turnaround.

Acceptance with Wisdom

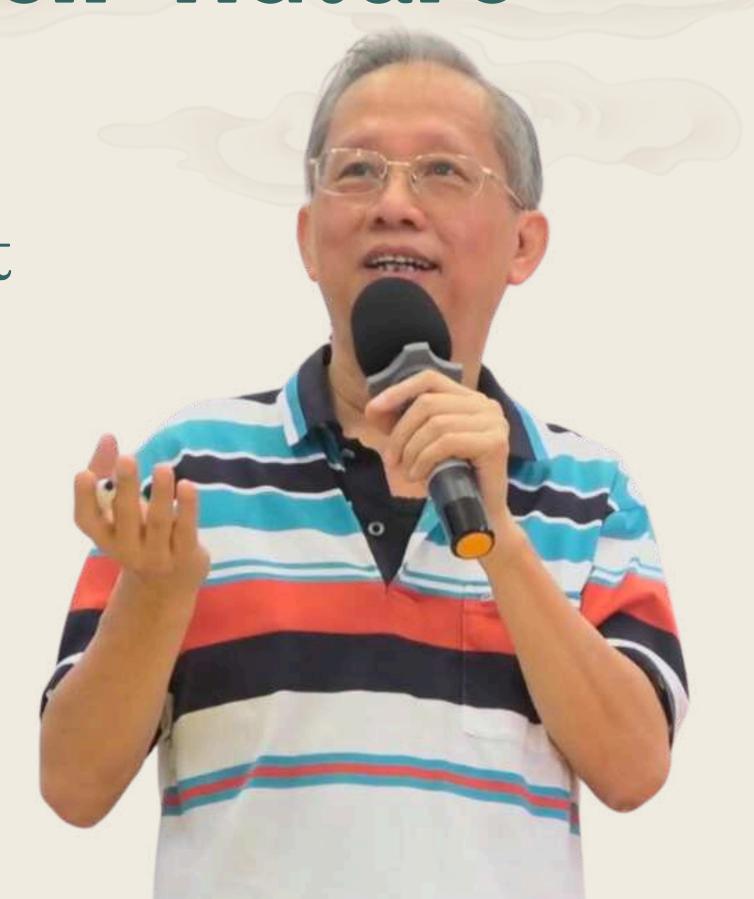
If one can accept the reality of the moment with wisdom and move on, then one will not suffer.

Without the silent mind to observe and awaken, you can't learn the True Dharma (心为根本)



To realize our Self-nature

Silent, relax, aware & let it return to its original state, you will realize your True mind and Self-nature.



从前你和我,

cong qian ni he wo,

In the past, you and I,



无忧无虑游人间

wu you wu lu you ren jian

Roam and wander in the human realm; carefree and without worries



师徒两心坚, shi tu liang xin jian,

Teacher and student; with heart resolute,



同历沧桑多少遍

tong li cang sang duo shao pian;

No matter how many times we experience the ups and downs and changes of life



梦里亦思忆,

Meng li yi si yi,

Even in dreams,



发愿牵手走天边

fa yuan qian shou zou tian bian

We vow to sincerely tread the path together



恩怨都忘了, en yuan dou wang liao,

Scores are forgotten,



冤亲平等笑相见

yuan qin ping deng xiao xiang jian

Karmic conditions pave the way, and we meet again with smiles





花落又花开,

hua luo you hua kai,

With flowers fading and blooming,







问君可知否,

wen jun ke zhi fou,

Do you know,





因缘早安排,

ying yuan cao an pai,

Karma affinity and condition have long ago arranged



你我相遇在人海

ni wo xiang yu zai ren hai

For us to meet again in this samsara



三千苦世界,

san qian ku shi jie,

Through countless world cycles of dukkha,



佛前大愿莫沉埋 fo qian da yuan mo chen mai

Let us not forget our vow in front of the Buddha



我们树连根,

wo men shu lian gen,

We are one, as the tree and the roots,



几多风雨一条心 ji duo feng yu yi tiao xin

No matter how much challenges and difficulties we will face them and stay as one, unshakeable



旅泊在红尘,

lü bo zai hong cheng,

Repeated rebirths in the samsaric world



共渡苍生不怕烟gong du cang sheng bu pa kun

We went through all kinds of challenges and never afraid of dukkha



天涯几颗星, tian ya ji ke xing,

Countless stars in the horizon,



有你有我在里面

you ni you wo zai li mian

You and I will always be among the stars



闪亮光明,

shan shan liang guang ming,

Shining bright,

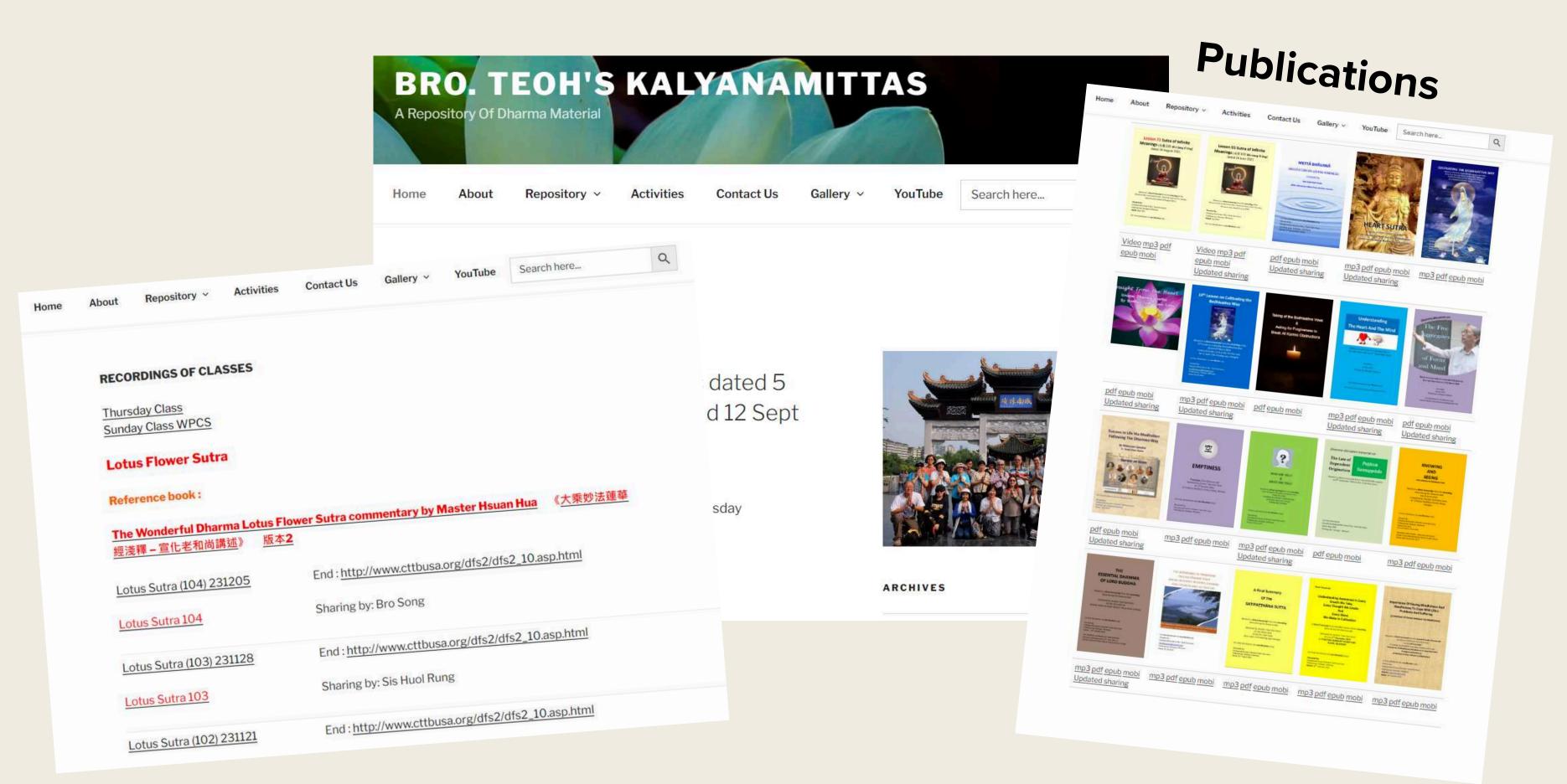


生生不退菩提心 sheng sheng bu tui pu ti xin

Every life we come without regressing from the Bodhi mind



Bro Teoh's Kalyanamittas Website





Bro Teoh

g.BroTeoh - 541 subscribers - 1.1K videos

Bro. Teon graduated from University of Malays in-Civil Engineering in 1979, He had been a _ _ >



Lotus Sutra 103 (四注异基础 103) 12 views - Shourt ogs



Luang For Teeen Dynamic Meditation and life stories (Thalland trip + Mediation...



Awareness and Consciousness (3)

LOTUS SUTRA

103



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3 palsons of Breed, Hetred and Delusion



A deeper understanding of why it's essential to cultivate awareness-based meditation



Kuan Yin Manifestation 120 class - 2 masks ago



Our greatest litusion is believing that our life and our 5 aggregates of form and mind are... 260 stees - 1 weeks agg 112 views - Z weeks ago



Unique Dharma Quotes no 97



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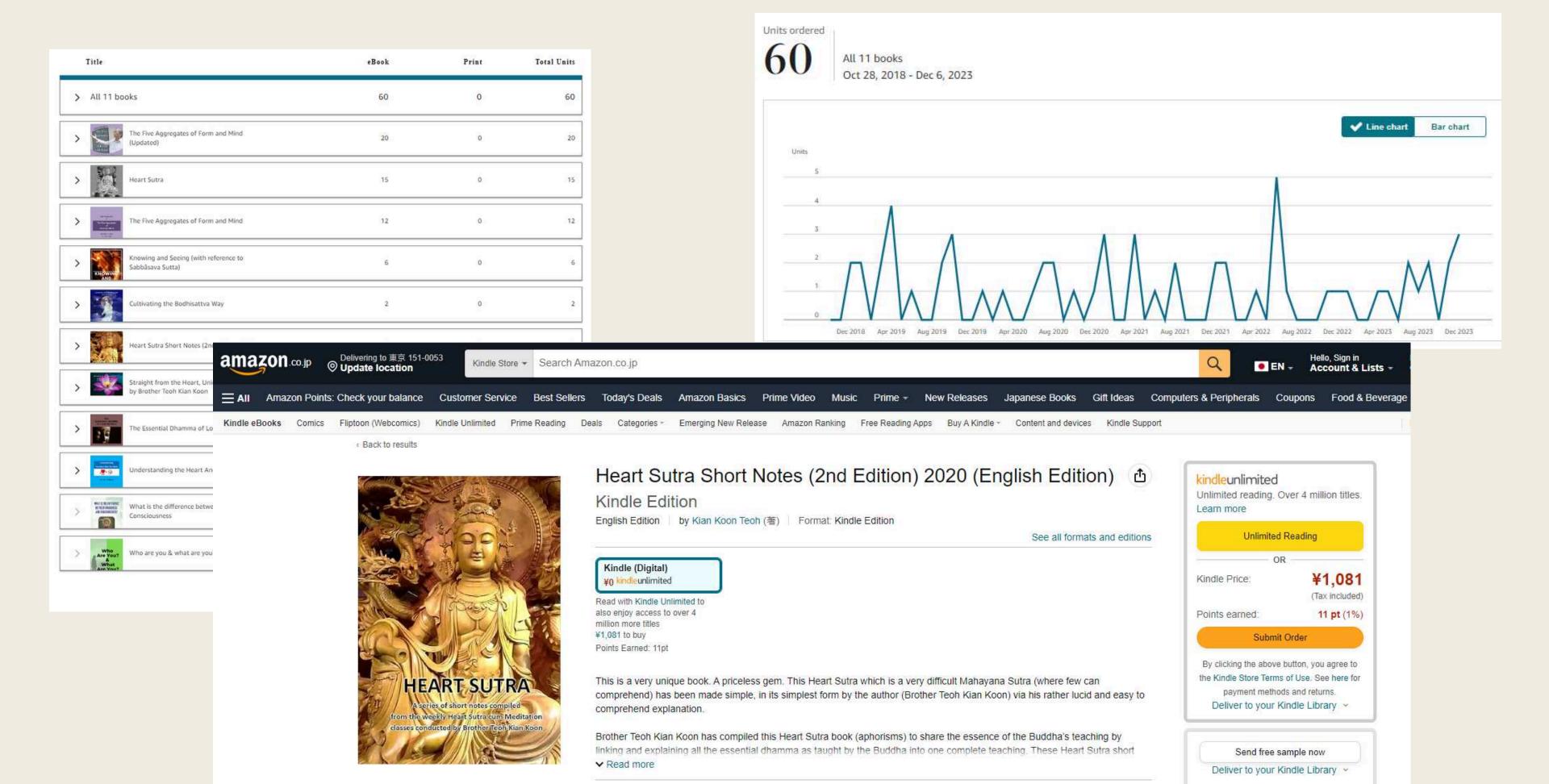
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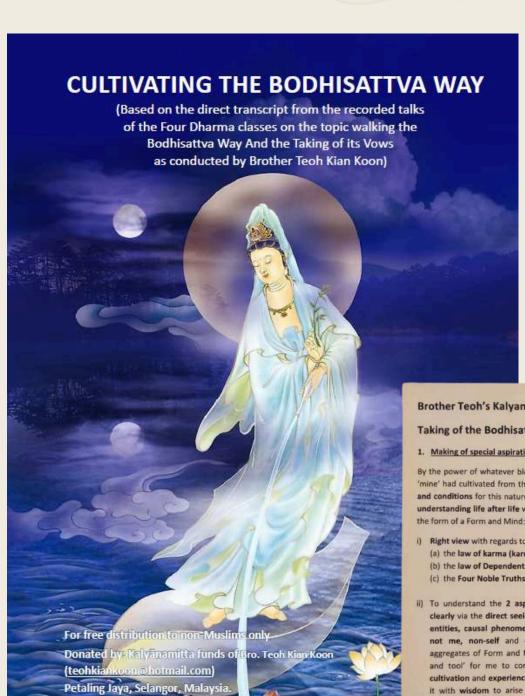


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Bro Teoh's books are available for sale worldwide on Amazon



Bodhisattua Vous



Bodhisattva Vows must be taken by Planting the Bodhi Seed to walk the Bodhisattva way life after life with Great Faith, Sincerity & Understanding.

Brother Teoh's Kalyanamitta

Taking of the Bodhisattva vows:

1. Making of special aspiration to walk the Bodhisattva way:

By the power of whatever blessings and wholesomeness that this nature of 'mine' had cultivated from the distant past till now, may it arise the causes and conditions for this nature of mine to have the following right Dhamma understanding life after life whenever it choose to come or have to come in

- (a) the law of karma (karma nivāma):
- (b) the law of Dependent origination or 12 links (Citta niyāma) and
- (c) the Four Noble Truths (Dhamma niyāma);
-) To understand the 2 aspects of the 5 aggregates of Form and Mind clearly via the direct seeing to realize that they are all condition arising entities, causal phenomena hence impermanent; leading to suffering; not me, non-self and empty. That this so called living being (5 aggregates of Form and Mind) is just a karmically conditioned 'vehicle and tool' for me to come to this existential world to develop the cultivation and experience all of the beauty and wonders of life. So use it with wisdom to arise the right thoughts, right speeches and right actions to be a blessing to all and not to be deluded by it. To constantly recite with understanding the following dhamma profoundly:

Vedanā annicam, vedanā anattā; Sañña annicam, sañña anatta: Sankhāra annicam, sankhāra anattā; Viññanam annicam, viññanam anattă. Sabba sankhāra dukkha

- iii) Having developed the above right view this nature of 'mine' vows to always keep the following 3 sets of pure precepts following the advice of all Samma Sambuddha:
- (a) To avoid all evil and to understand clearly what constitute evil (the 3 evil roots of Greed, Hatred and Delusion);
- (b) To cultivate all virtues and blessings leading to the perfection of
- (c) To cultivate wisdom to help liberate and take across all sentient

2. Taking of the 4 basic vows

'Just as all the previous Sugatas, the Buddhas generated the Bodhi mind of enlightenment and accomplished all the stages of the Bodhisattva training. So too will this nature of 'mine', for the sake of all beings, generate the Bodhi mind of enliahtenment and accomplish all the stages of the Bodhisattva training so that the seed of 'Bodhi' can be strongly planted within my

This nature of mine further yows with utmost sincerity, faith and perseverance to walk to perfection this Bodhisattva way via taking the following initial 4 basic vows of a Bodhisattva:

- i) This nature of mine vows to liberate the countless living beings samsara and take them all across to the other shore;
- This nature of mine vows to endure and severe all vexation/suffering This nature of mine vows to cultivate and penetrate all dhamma to realize the perfection of all wisdom:
- This nature of mine vows to perfect the 10 paramitas (or perfections) to realize the unsurpassed Samma Sambuddhahood."

Having this Bodhi mind to walk this path is

Great Blessings, for you have nothing to lose but everything to gain.

Meditation supports

The 4 supports for awareness-based meditation are:

- i) Relax,
- ii) Aware,
- iii) 24 hours,
 - iv) Trust.

Relax into every mind state that arises.

Naturally Aware (without thought).

Maintain awareness for as long as you can (if possible, over 24 hours).

Trust your inner nature to meditate (without the interference of thought).



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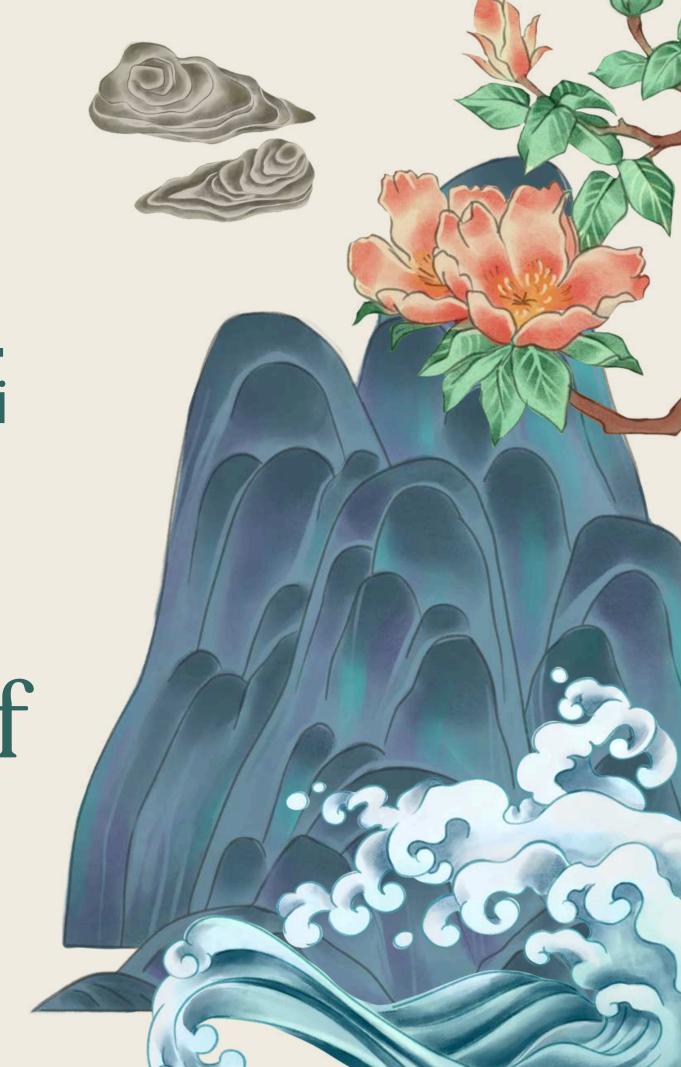
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shan shan liang guang ming,

Shining bright,



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The Real SAMADHI



Ability to have the meditative silent mind while in the midst of life is REAL SAMĀDHI

Bro Teoh's Birthday & Kalyanamitta Annual Gathering 2019



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